

Grade 3

Newsletter - 13/9/19



Monday Day 2 16/9/19	Tuesday Day 3 17/9/19	Wednesday Day 4 18/9/19	Thursday Day 5 19/9/19	Friday Day 6 20/9/19
Arabic	Music	Computer	French	Arabic
PE - Remember PE kits	Art	PE - Remember PE kits	Arabic	French

Dear Parents,

Welcome back to ASM! Just a few reminders for this week:

Please remember to send in your **contact, photo consent and medical forms**, so we can keep your children safe.

Homework did not start this week but we will send home homework next week.

We have spoken with the children about **healthy eating**. Their pack lunches and snacks were pretty good. Please try and pack them fruit and vegetables to keep their energy levels up through the day.

Leave chocolate and biscuits at home so that they have foods at school that will help them focus in class. We do notice that children that have stodgy foods (pizza, chips) often find it difficult to concentrate in the afternoons.

Some things children must bring in every day:

1. A hat
2. Water bottle
3. Pencil cases.
4. Healthy snack and lunch

Key Dates:

- September 16 - Lunch program begins.

Have a good week!

Miss Sennah and Miss Napier